

Grieving the Death of a Loved One Group Program

6 Fridays, 1-2pm

May 2 - June 6, 2025

**In-person at the Memory Care Alliance Office
1541 S. St. Francis, Santa Fe, NM 87505**

This group program is for those who have experienced recent deaths of family, friends, or colleagues. It is free-of-charge and is facilitated by Eileen Joyce, Certified Coach and Grief Recovery Specialist with 25 years of experience.

The purpose of this program is to learn and share in a confidential setting. Each week we will discuss grief and loss and how they affect daily life and relationships.

Over the six weeks we will cover:

- **Losses and how we deal with them**
- **The myths about grief, loss, and healing**
- **How unresolved grief affects our capacity for happiness**
- **Creating resilience even in times of greatest challenges**

The program is sponsored by The Memory Care Alliance.

Attending all 6 weeks is recommended but not required. Please contact Eileen by calling 505.428.0670 or email ej@eileenjoyce.com to reserve your place (space is limited).

