

**Caring for someone living with Alzheimer's or any other type of dementia?
You are not alone. Help is here.**

Santa Fe Caregiver Day

Saturday, May 31st 9:00 - 4:00 Santa Fe Community College

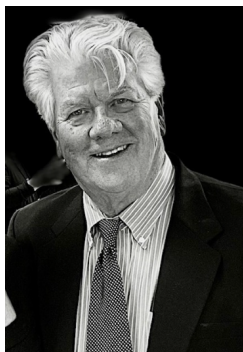
This is a FREE event. Registration required.

Free On-site or In-home respite available.

Register online through our website at

thememorycarealliance.org

or call 505-310-9752.



This Year's Keynote Speakers

**Dr. Richard Houston, Founder and Director of Senior-Psych
and Eileen Joyce, Certified Grief and Recovery Coach**

Finding Resilience and Quality of Life - A Conversation for Caregivers

ADDITIONAL SPEAKERS:

Dr. Janice Knoefel, UNM Memory and Aging Center. *"The Importance of Clinical Care"* Understand the process of clinical assessment, clinical care and why it is important. Dr. Knoefel will also give an update on current research and new treatments.

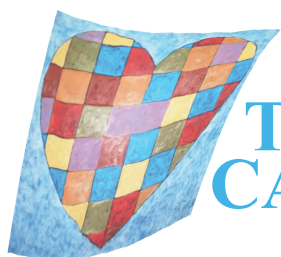
Dr. Lena Ernst, Founder and Director of The Retreat in Albuquerque. *"Managing Behavior Challenges"* Being able to understand changes in behavior is a critical part in a caregiver's role. Dr. Ernst will offer sound advice and effective ways to manage your loved-one's care when these changes occur.

Ann Church, Maria Frances and Katie Titus, Villages of Santa Fe. *"Age Without Injury"* Preventing falls is not an option but a life-saving strategy. Most falls can be prevented and you will learn how.

Valerie Tsosie, Founder and Director of the So'Tsoh Foundation. *"Self Care-- The Native American Way"* Learn ways to give yourself the best of care while providing the same for your loved-one.

Janet Smith, R.N. Director of Northern New Mexico Community Palliative Care. *"Hands On Caregiving"* Learn how to provide day to day care for a person in the later stages of dementia.

Lunch buffet provided by our friends at The Montecito Santa Fe.



**THE MEMORY
CARE ALLIANCE**


**MONTECITO
SANTA FÉ**
The Art of Santa Fé Living